

# How to Make Wudu

Nine steps, from Bismillah to your feet



FOLLOW ALONG



## 1 Start with Bismillah

Start your wudu with the intention in your heart, then say 'Bismillah.'

**Bismillah** In the name of  
Allah. بِسْمِ اللَّهِ



## 2 Wash Your Hands

Wash both hands up to the wrists three times. Right hand first, then left.

3x



## 3 Rinse Your Mouth

Rinse your mouth with water three times. This is called madmadah.

3x



## 4 Clean Your Nose

Sniff water into your nose and blow it out, three times. This is called istinshaq.

3x



## 5 Wash Your Face

Wash your whole face three times, from forehead to chin, ear to ear.

3x



## 6 Wash Your Arms

Wash each arm to the elbow, three times. Right arm first, then left.

3x



## 7 Wipe Your Head

With wet hands, gently wipe over the top of your head. This is called masah.



## 8 Wipe Your Ears

With wet fingers, wipe inside and outside both ears.



## 9 Wash Your Feet

Wash each foot to the ankle, three times. Right foot first, then left.

3x

**Mashallah! You Did It!** You finished your wudu. Now you're clean and ready to pray to Allah. May Allah accept your wudu.

**Next: How to Pray, the two-page cheat sheet**